



tastetosavour
BE A GUEST AT YOUR NEXT PARTY

Pastry List

Muffins \$1.75

Raspberry/blackberry and almond, Pear and almond, Strawberry and oatmeal, Apple and oatmeal, Banana crunch muffins

Scones \$1.25

Strawberry, Currant, Cheddar & dill

Sweets

Lemon curd and blueberry tarts-\$0.75
Banana Bread Slice-\$1.50
Banana chocolate bread pudding-\$1.75
Chocolate cardamom cupcakes-\$1.95
Coconut cupcakes with cream cheese icing-\$1.95
Chocolate hazelnut tarts-\$3.95
Orange almond cake-\$3.95

Frozen Gourmet Grab & Go

Soups (32 oz. serves 2) \$11.50

Sweet potato corn chowder
Chicken vegetable
Carrot & ginger
Thai pumpkin
Curried tomato & chickpea
Cream of mushroom

Dips & Sauces

Peanut Sauce-\$4.95
Arugula & Walnut Pesto-\$5.95
Spinach Artichoke Dip-\$5.95

Entrees (serves 3-4)

Butter Chicken-\$15.95
Chicken Pot Pie with yam topping, 4 ind.- \$19.95
Chicken Pot Pie large, traditional- \$14.95
Eggplant Parmesan-\$12.95
Italian Sausage Lasagne- \$14.95
Mac & Aged Cheddar Cheese- \$12.95
Salami, mushroom & pepper pizza-\$6.95
(baked on a naan crust)
Spinach, grilled vegetables & chevre pizza-\$6.95
(baked on a naan crust)
Spinach, Artichoke, Chicken Baked Pasta-\$14.95

Savoury List Fresh

Salads

Tuscan bean salad- \$1.49/100g
Black bean salad-\$1.49/100g
Blue cheese potato-\$1.49/100g
Mexican Rice & Black Bean-\$1.49/100g
Sour cream and dill potato- \$1.49/100g
Asian noodle with peanut dressing-\$1.79/100g
Greek style pasta-\$1.79/100g
Pesto pasta salad-\$1.79/100g
Tabouleh-\$1.79/100g
Green bean salad w/ blue cheese-\$1.99/100g
Greek Salad-\$1.99/100g

Entrees

Beef and pepper kebobs- \$3.95 each
Beef Lasagne-\$4.95 each
Butter chicken with rice pilaf- \$1.99/100g
Chicken pot pies-\$5.95 each
Crab cakes-\$4.95 each
Grilled chicken breast w/fresh fruit salsa-\$2.29/100g
Indonesian ginger chicken - \$1.99/100g
Quesadillas-\$5.95 each
Quiche of the day-\$4.95 each
Salmon Latkes-\$4.95 each
Sandwich of the Day-\$5.25
Tandoori Chicken-\$2.29/100g

Vegetarian Options

Grilled Vegetables- \$1.99/100g
Lentil and potato patties-\$3.25 each
Mac and cheese-\$4.95 each
Risotto-\$1.79/100g
Risotto cakes-\$3.25 each
Stuffed Portobello Mushrooms-\$3.95 each
Tart of the day-\$5.95 each

Please note that the above is a sample list, and is subject to daily changes and additions.